



**TITAN**  
*FITNESS*



## OWNER'S MANUAL

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**MPN(s):** (1/2)MFTS45UP

**SKU(s):** 401433

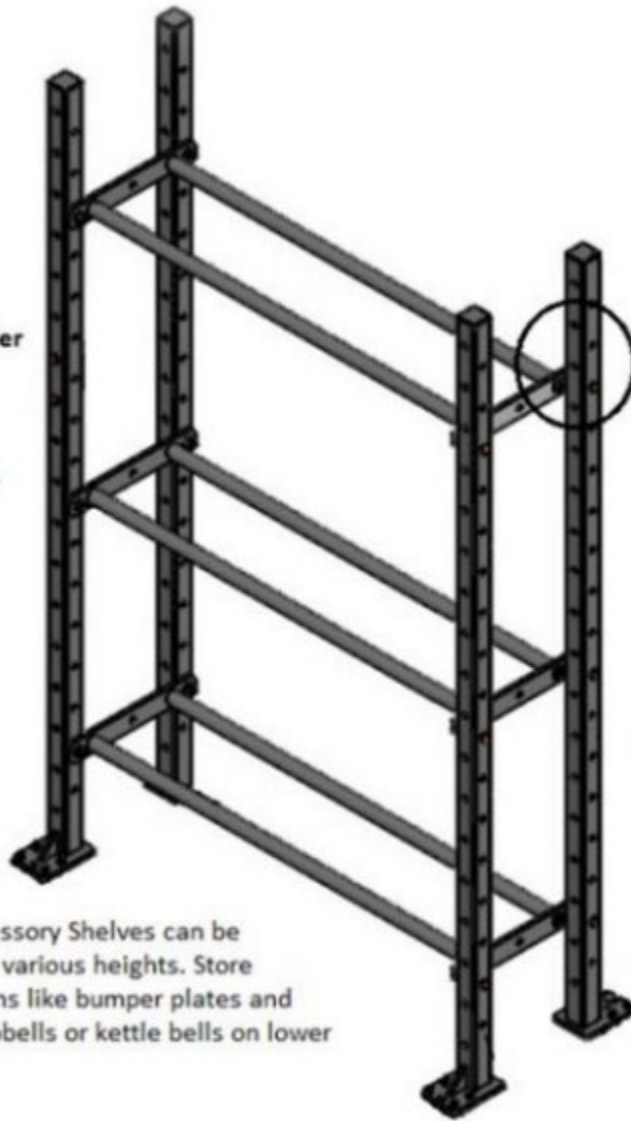
**UPC(s):** 719318368459

# ASSEMBLY INSTRUCTIONS

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**Hardware Order of Assembly-**  
Hex Bolt,  
Flat Washer,  
Spring Washer,  
and Hex Nut.

**NOTE:** Accessory Shelves can be mounted at various heights. Store heavier items like bumper plates and heavy dumbbells or kettle bells on lower shelves.



- Connect the uprights by bolting Weight Plate & Med Ball shelves, Dumbbell, or Kettlebell shelves using the provided hardware.

**TIP:** Do not fully tighten hardware until the Storage System is assembled. This will make sure the Storage System is level to the ground.

Do not bolt the Rack to the floor until fully assembled and all hardware is tightened.





*This concludes the (1/2)MFTS45UP Owner's Manual.  
If applicable to your product, make sure to tighten all  
nut-and-bolt combinations before use.*

*Enjoy!*

### **DISCLAIMER**

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

The use of any fitness equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

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**NEED HELP?**

**CONTACT US FIRST.**

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