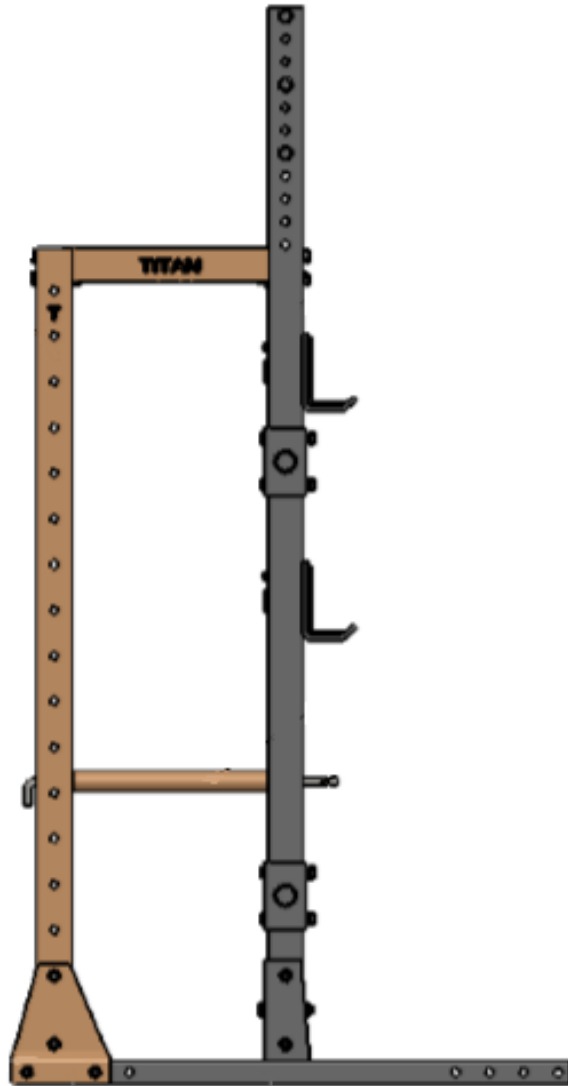





# Half Rack for T-3 Squat Stand Owner's Manual





**MPN:** T3HALF  
**SKU:** 400409  
**UPC:** 719318366967



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## ASSEMBLY INSTRUCTION

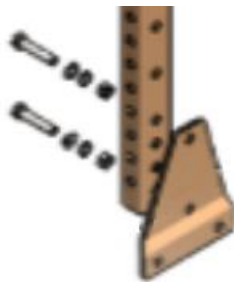
### 1. Attach the *Left Gusset Plate (3)* to the *Upright Tube (1)*:

Attach the *Left Gusset Plate (3)* to the *Upright Tube (1)* using *M16x80 Hex Bolt (9)*, *M16 Flat Washer (6)*, *M16 Spring Washer (7)*, and *M16 Hex Nut (8)*. The order for assembly is *M16x80 Hex Bolt (9)*, *M16 Flat Washer (6)*, then push the bolt through the *Left Gusset Plate (3)* and *Upright Tube (1)*, *M16 Spring Washer (7)*, and then place the *M16 Hex Nut (8)* onto the end of the bolt. Tighten the *M16 Hex Nut (8)* until the *M16 Spring Washer (7)* is compressed. Repeat this process for the remaining *Left Gusset Plate (3)* to *Upright Tube (1)* attachment point.



### 2. Attach the *Right Gusset Plate (4)* to the *Upright Tube (1)*:

Attach the *Right Gusset Plate (4)* to the *Upright Tube (1)* using *M16x80 Hex Bolt (9)*, *M16 Flat Washer (6)*, *M16 Spring Washer (7)*, and *M16 Hex Nut (8)*. The order for assembly is *M16x80 Hex Bolt (9)*, *M16 Flat Washer (6)*, then push the bolt through the *Right Gusset Plate (4)* and *Upright Tube (1)*, *M16 Spring Washer (7)*, and then place the *M16 Hex Nut (8)* onto the end of the bolt. Tighten the *M16 Hex Nut (8)* until the *M16 Spring Washer (7)* is compressed. Repeat this process for the remaining *Right Gusset Plate (4)* to *Upright Tube (1)* attachment point.

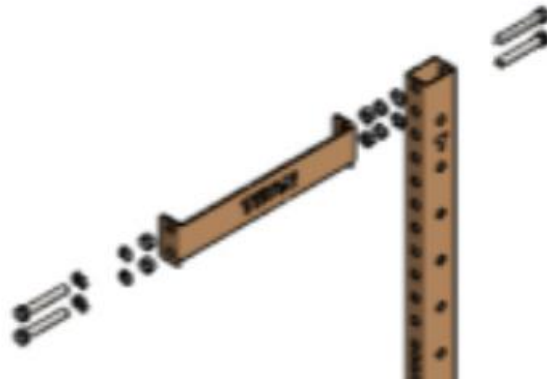


**3. Attach the Top Braces (2) to the Upright Tubes (1):**

Attach the *Top Braces (2)* to the *Upright Tubes (1)* using *M16x100 Hex Bolt (5)*, *M16 Flat Washer (6)*, *M16 Spring Washer (7)*, and *M16 Hex Nut (8)*. The order for assembly is *M16x100 Hex Bolt (5)*, *M16 Flat Washer (6)*, then push the bolt through the *Upright Tube (1)* and *Top Brace (2)*, *M16 Spring Washer (7)*, and then place the *M16 Hex Nut (8)* onto the end of the bolt. Tighten the *M16 Hex Nut (8)* until the *M16 Spring Washer (7)* is compressed. Repeat this process for the remaining *Top Brace (2)* to *Upright Tube (1)* connection point, and the remaining *Top Brace (2)*.

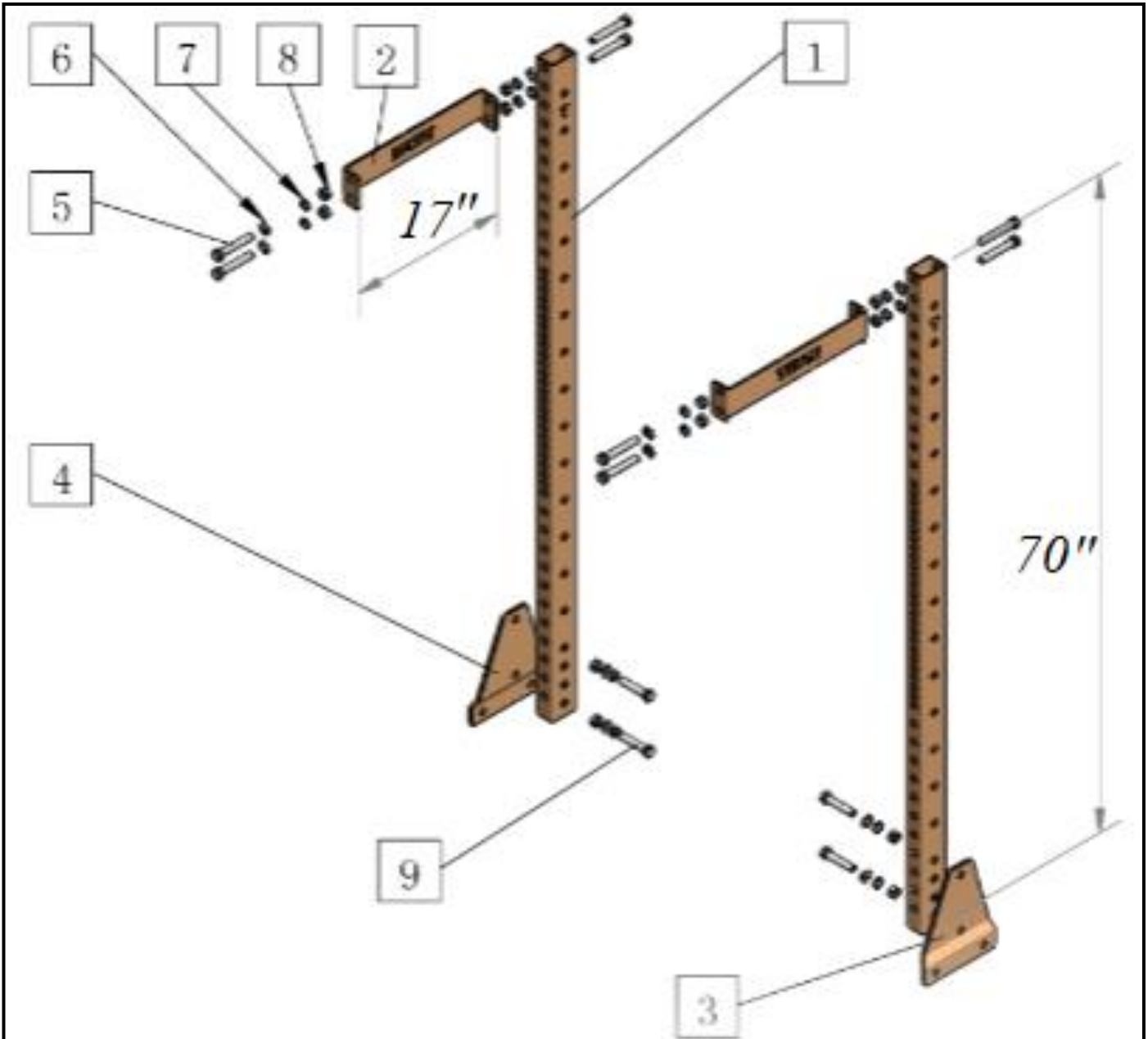
**4. Attach the Top Braces (2) to your HD Power Squat:**

Attach the *Top Braces (2)* to your HD Power Squat using *M16x100 Hex Bolt (5)*, *M16 Flat Washer (6)*, *M16 Spring Washer (7)*, and *M16 Hex Nut (8)*. The order for assembly is *M16x100 Hex Bolt (5)*, *M16 Flat Washer (6)*, then push the bolt through the upright of your HD Power Squat and *Top Brace (2)*, *M16 Spring Washer (7)*, and then place the *M16 Hex Nut (8)* onto the end of the bolt. Tighten the *M16 Hex Nut (8)* until the *M16 Spring Washer (7)* is compressed. Repeat this process for the remaining *Top Brace (2)* to upright of your HD Power Squat connection point, and the remaining *Top Brace (2)*.



**Step 3 & 4**

## PARTS DIAGRAM



Part Number	Part Description	Quantity
1	Upright Tube	2
2	Top Brace	2
3	Let Gusset Plate	1
4	Right Gusset Plate	1
5	M16x100 Hex Bolt	8
6	M16 Flat Washer	12
7	M16 Spring Washer	12
8	M16 Hex Nut	12
9	M16x80 Hex Bolt	4



NEED HELP?

CONTACT US FIRST


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