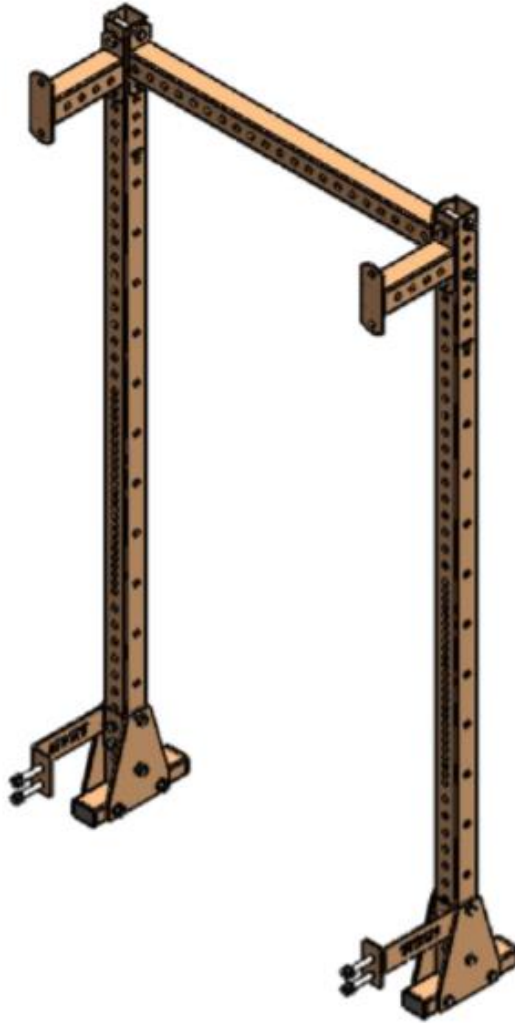




10" Extensions for Short X-3 Power Rack

Owner's Manual



MPN: UPX3SHEXT-10X3EXT

SKU: 400457

UPC: 719318365014



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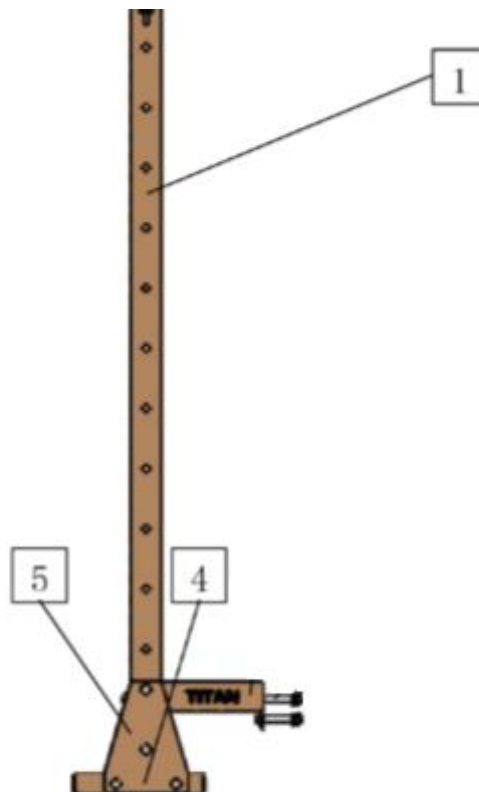
ASSEMBLY INSTRUCTION

1. Attach the *Foot Tubes (4)* to the *Gusset Plates (5)*:

Attach the *Foot Tubes (4)* to the *Gusset Plates (5)* using *M16x110 Hex Bolt (8)*, *M16 Flat Washer (11)*, *M16 Spring Washer (10)*, and *M16 Hex Nut (9)*. The order for assembly is *M16x110 Hex Bolt (8)*, *M16 Flat Washer (11)*, then push the bolt through the *Gusset Plate (5)* and *Foot Tube (4)*, *Gusset Plate (5)*, *M16 Spring Washer (10)*, and then place the *M16 Hex Nut (9)* onto the end of the hex bolt. Tighten the *M16 Hex Nut (9)* until the *M16 Spring Washer (10)* is compressed. Repeat this process for the remaining bolt connection on the *Foot Tube (4)* and for the remaining *Foot Tube (4)*.

2. Attach the *Upright Tubes (1)* to the *Foot Tubes (4)*:

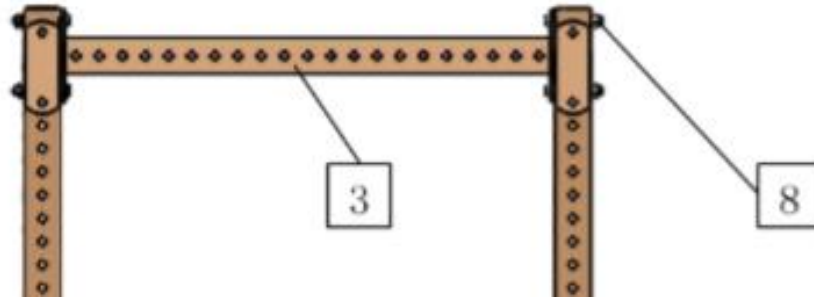
Attach the *Upright Tubes (1)* to the *Foot Tubes (4)* using *M16x110 Hex Bolt (8)*, *M16 Flat Washer (11)*, *M16 Spring Washer (10)*, and *M16 Hex Nut (9)*. Center the *Upright Tube (1)* between the *Gusset Plates (5)*. The order for assembly is *M16x110 Hex Bolt (8)*, *M16 Flat Washer (11)*, then push the bolt through the *Gusset Plates (5)* and *Upright Tube (1)*, *M16 Spring Washer (10)*, and then place the *M16 Hex Nut (9)* onto the end of the hex bolt. Tighten the *M16 Hex Nut (9)* until the *M16 Spring Washer (10)* is compressed. Repeat this process for the remaining bolt connection on the *Upright Tube (1)* and for the remaining *Upright Tube (1)*.



Step 1 & 2

3. Connect the Upright Tubes (1) with the Top Transverse Tube (3):

Connect the Upright Tubes (1) with the Top Transverse Tube (3) using M16x110 Hex Bolt (8), M16 Flat Washer (11), M16 Spring Washer (10), and M16 Hex Nut (9). The order for assembly is M16x110 Hex Bolt (8), M16 Flat Washer (11), then push the bolt through the Upright Tube (1) and Top Transverse Tube (3), M16 Spring Washer (10), and then place the M16 Hex Nut (9) onto the end of the hex bolt. Tighten the M16 Hex Nut (9) until the M16 Spring Washer (10) is compressed. Repeat this process for the remaining Upright Tubes (1) to Top Transverse Tube (3) connection points.



Step 3

4. Attach the Side Connecting Tubes (2) to the Upright Tubes (1):

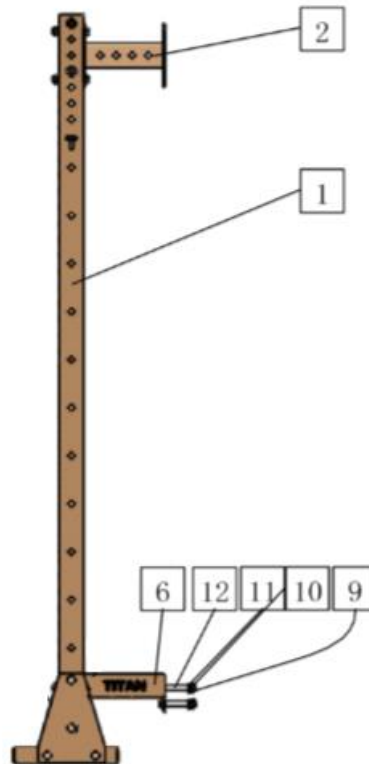
Attach the Side Connecting Tubes (2) to the Upright Tubes (1) using M16x100 Hex Bolt (12), M16 Flat Washer (11), M16 Spring Washer (10), and M16 Hex Nut (9). The order for assembly is M16x110 Hex Bolt (8), M16 Flat Washer (11), then push the bolt through the Side Connecting Tube (2) and Upright Tube (1), M16 Spring Washer (10), and then place the M16 Hex Nut (9) onto the end of the hex bolt. Tighten the M16 Hex Nut (9) until the M16 Spring Washer (10) is compressed. Repeat this process for the remaining Side Connecting Tubes (2) to Upright Tubes (1) connection points.

5. Attach the Side Connecting Plates (6) to the Upright Tubes (1):

Attach the Side Connecting Plates (6) to the Upright Tubes (1) using M16x100 Hex Bolt (12), M16 Flat Washer (11), M16 Spring Washer (10), and M16 Hex Nut (9). The order for assembly is M16x110 Hex Bolt (8), M16 Flat Washer (11), then push the bolt through the Side Connecting Plate (6) and Upright Tube (1), M16 Spring Washer (10), and then place the M16 Hex Nut (9) onto the end of the hex bolt. Tighten the M16 Hex Nut (9) until the M16 Spring Washer (10) is compressed. Repeat this process for the remaining Side Connecting Plates (6) to Upright Tubes (1) connection points.

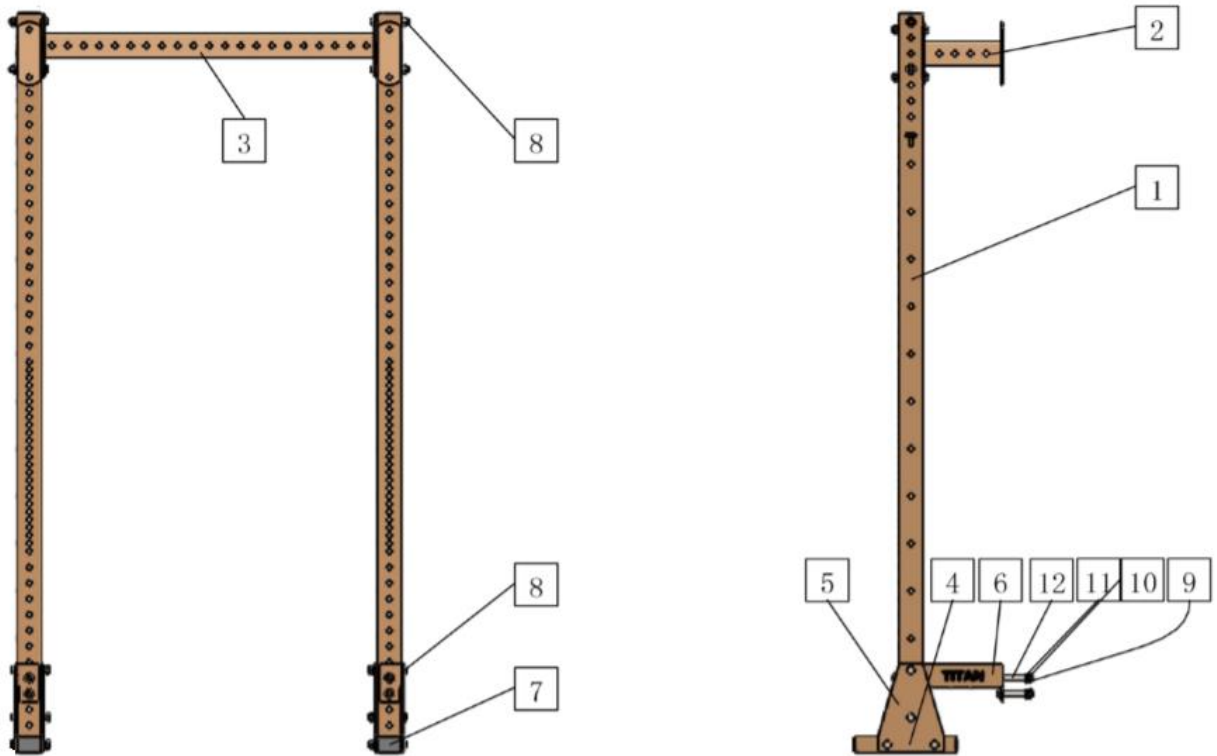
6. Attach the *Side Connecting Tubes (2)* and *Side Connecting Plates (6)* to your Titan X-3 Power Rack:

Repeat the processes for attaching the *Side Connecting Tubes (2)* and *Side Connecting Plates (6)* to the *Upright Tubes (1)* to install the 10" Extension on your Titan X-3 Power Rack.



Step 4, 5, & 6

PARTS DIAGRAM



Part Number	Part Description	Quantity
1	Upright Tube	1
2	Side Connecting Tube	2
3	Top Transverse Tube	1
4	Foot Tube	2
5	Gusset Plate	4
6	Side Connecting Plate	2
7	Tube Cap	4
8	M16x110 Hex Bolt	12
9	M16 Hex Nut	24
10	M16 Spring Washer	24
11	M16 Flat Washer	24
12	M16x100 Hex Bolt	12



NEED HELP?

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