



TITAN
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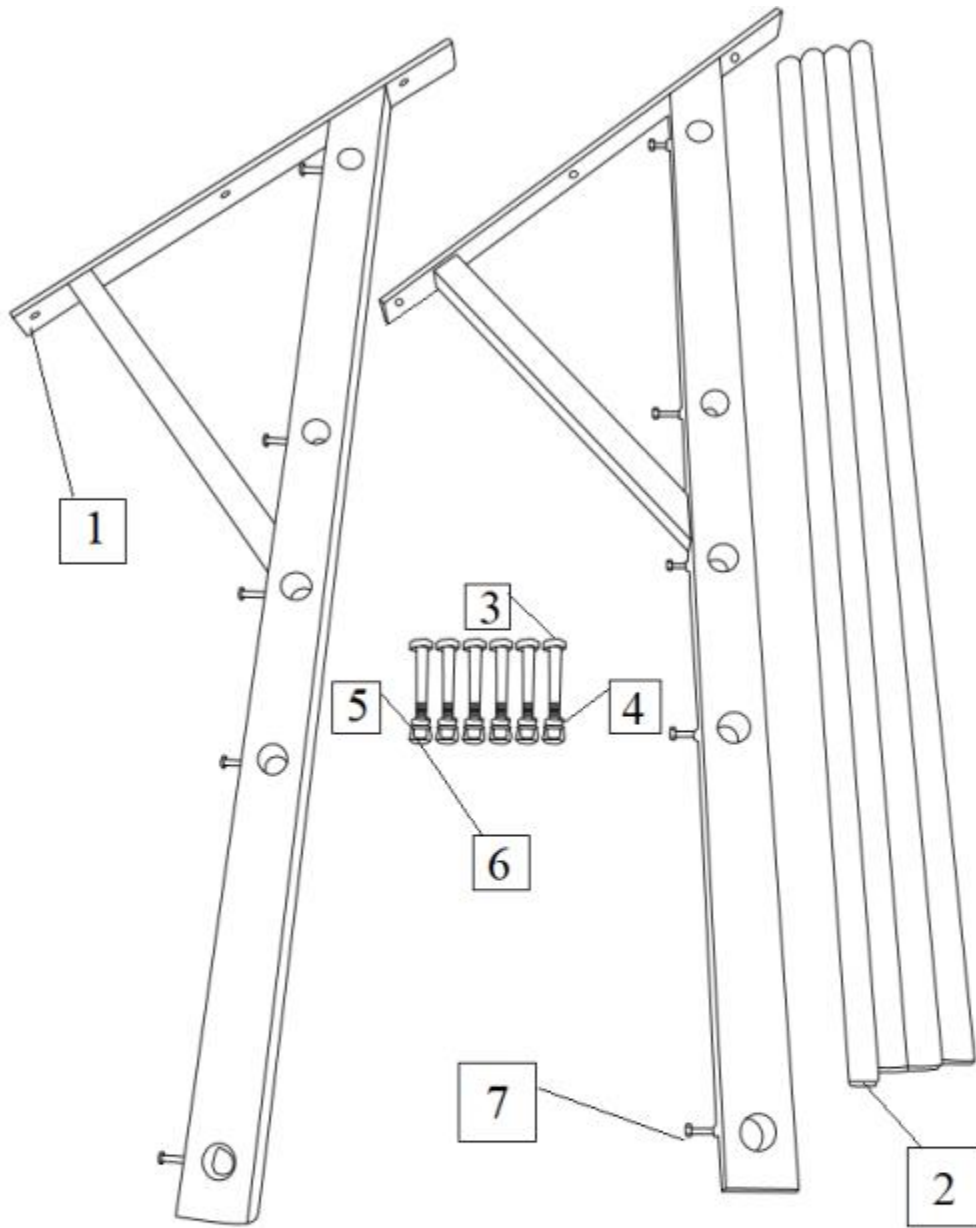
OWNER'S MANUAL

MPN(s): FLYPUB

SKU(s): 400524

UPC(s): 049008267893

PARTS DIAGRAM / EXPLODED VIEW



Part Number	Part Description	Quantity
1	Bracket	2
2	Pull Up Bar	4
3	Hex Bolt M16x80	6
4	Spring Washer M16	6
5	Flat Washer M16	6
6	Hex Nut M16	6
7	Locking Bolt	8



ASSEMBLY INSTRUCTIONS

1. Attach the *Brackets (1)* to the Titan Power Rack:

Hardware is provided to attach your *Brackets (1)* to a Titan power rack. To secure to the rack, choose the preferred holes on the uprights of your Titan power rack. Then, assemble the *Bracket (1)* to the top hole of those preferred upright holes using the following hardware: *Hex Bolt M16x80 (3)*, then *Flat Washer M16 (5)*, then push the bolt through the upright of your rack. Finally, secure the bolt on the other side of your upright using the *Spring Washer M16 (4)* and *Hex Nut M16 (6)*.

Repeat this process for connecting your remaining *Bracket (1)* to the top hole of the other side of your Titan power rack, then the two lower holes on each *Bracket (1)*. Complete the assembly by tightening down all six of the *Hex Nut M16s (3)*.

2. Secure the *Pull Up Bars (2)* to the *Brackets (1)*:

Insert the *Pull Up Bar (2)* through the topmost hole in the *Bracket (1)* on one side of your Titan power rack and push it all the way through, until the *Pull Up Bar (2)* goes through the corresponding hole on the remaining *Bracket (1)*. Center the *Pull Up Bar (2)* in the *Brackets (1)*, then tighten down the *Locking Bolt (7)* on each side until the *Pull Up Bar (2)* is securely in place.

Repeat this process for each of the remaining *Pull Up Bars (2)*.

Note: Hardware to mount the Fly Pull Up Bar to your Titan T-3, X-3, or X-2 power rack is included. If you wish to mount your Fly Pull Up Bar to the wall, 16mm (5/8") lag bolts and the corresponding washers should be purchased and will be sufficient.





This concludes the FLYPUB Owner's Manual.

If applicable to your product, make sure to tighten all nut-and-bolt combinations before use.

Enjoy!

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

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