



TITAN
FITNESS



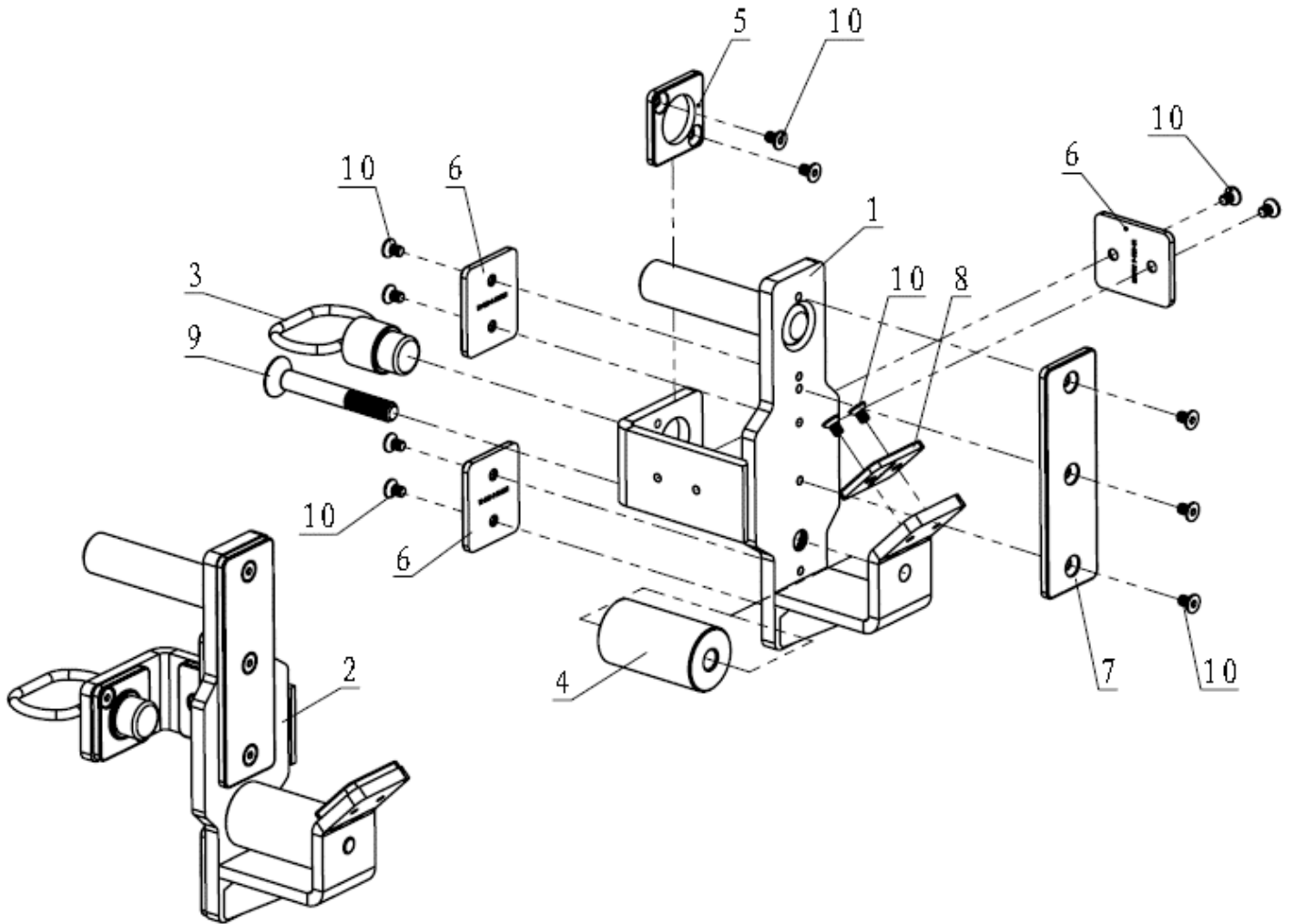
OWNER'S MANUAL

MPN(s): TRLJHOOKS, X3RLJHOOKS, T3RLJHOOKS

SKU(s): 400949, 400950, 400951

UPC(s): 840009208218, 840009208249, 840009208256

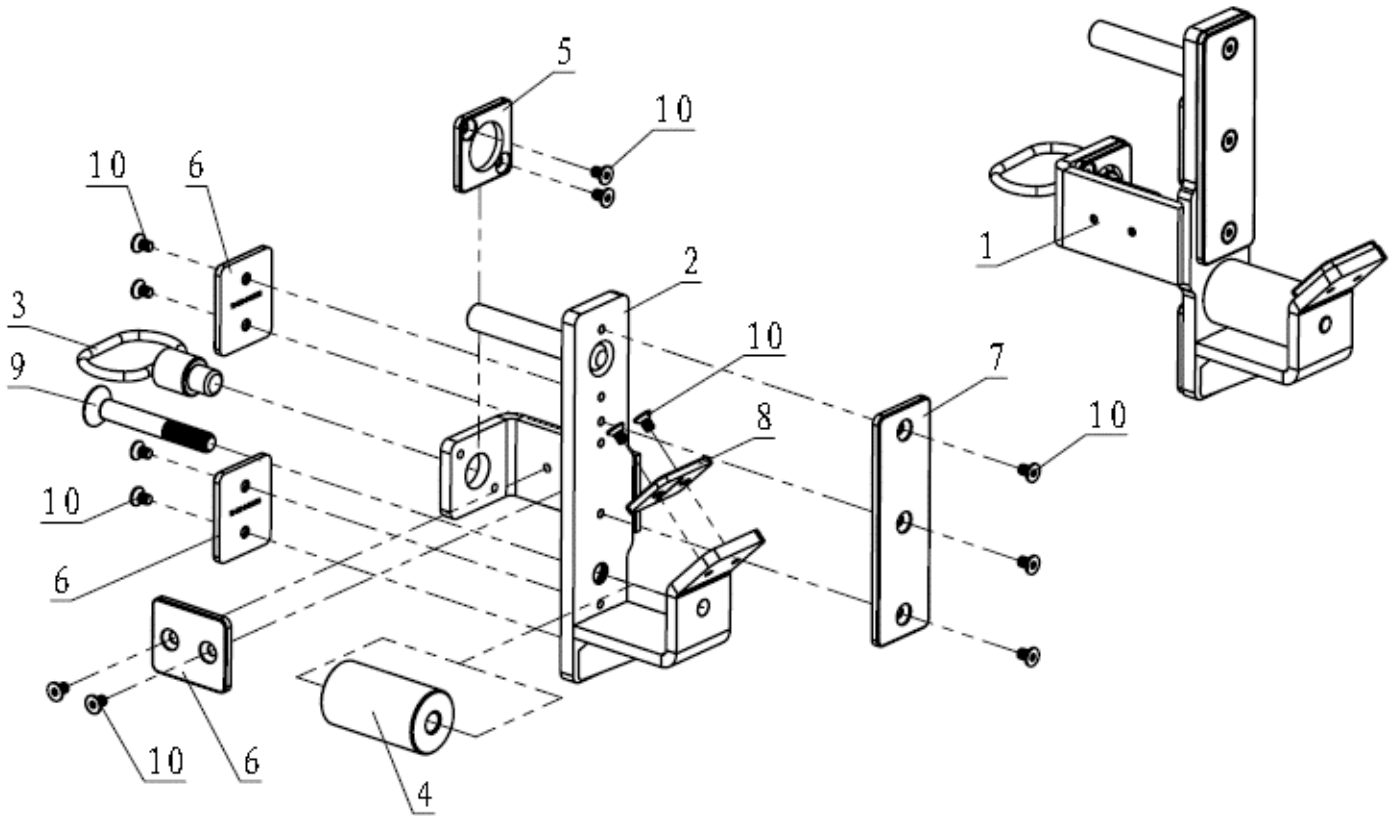
TRLJHOOKS EXPLODED VIEW



KEY	BOX	DESCRIPTION	QTY	KEY	BOX	DESCRIPTION	QT
(1)	1	Left J-Hook	1	(6)	1	Short Plastic Plate 58*48*5	6
(2)	1	Right J-Hook	1	(7)	1	Long Plastic Plate 150*48*5	2
(3)	1	Lock Pin	2	(8)	1	Front Plastic Plate 48*40*5	2
(4)	1	Roller	2	(9)	1	Hex Bolt M12*90	2
(5)	1	Plastic Plate 48*48*5	2	(10)	1	Countersunk Head Screw M6*10	26

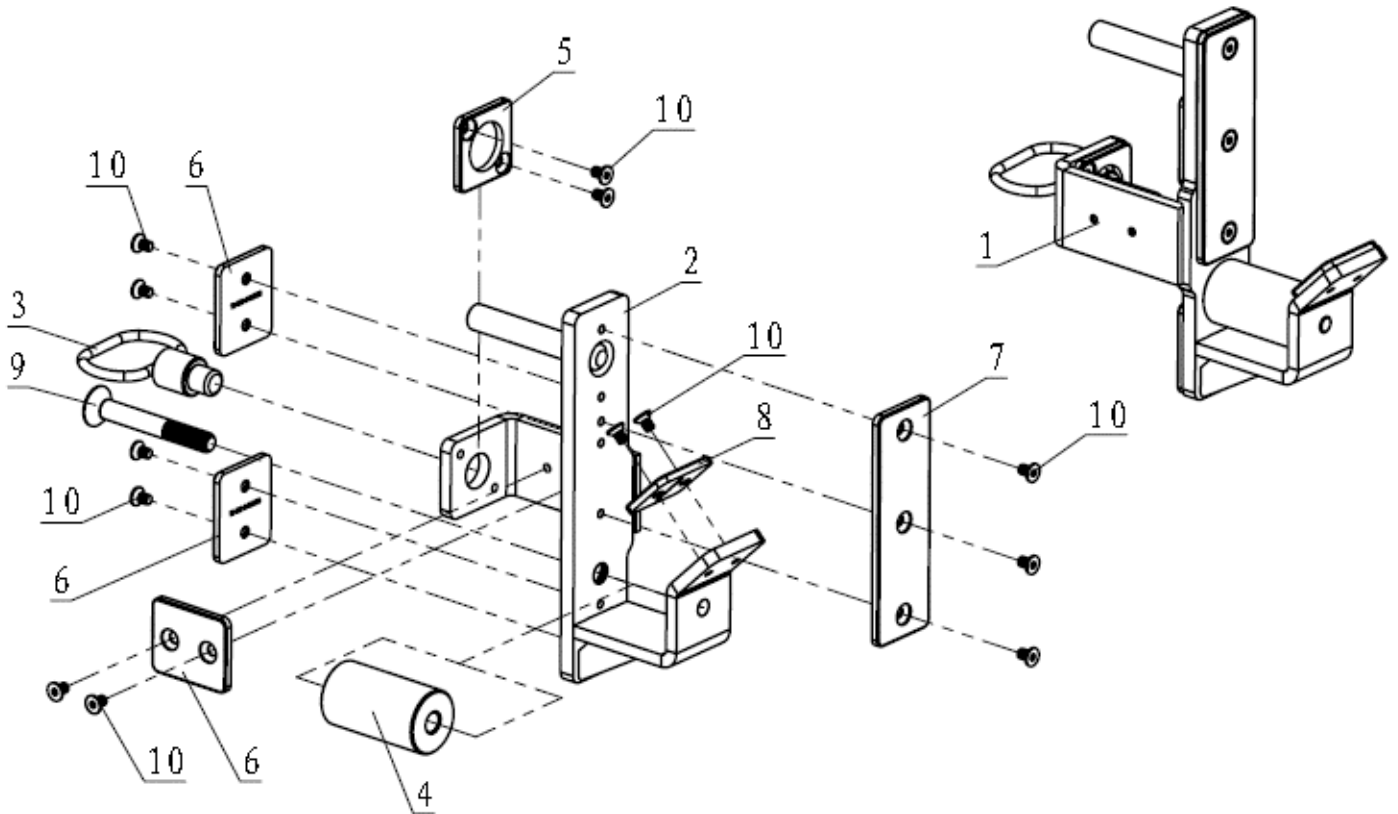


X3RLJHOOKS EXPLODED VIEW



KEY	BOX	DESCRIPTION	QTY	KEY	BOX	DESCRIPTION	QT
(1)	1	Left J-Hook	1	(6)	1	Short Plastic Plate 58*48*5	6
(2)	1	Right J-Hook	1	(7)	1	Long Plastic Plate 150*48*5	2
(3)	1	Lock Pin	2	(8)	1	Front Plastic Plate 48*40*5	2
(4)	1	Roller	2	(9)	1	Hex Bolt M12*90	2
(5)	1	Plastic Plate 48*48*5	2	(10)	1	Countersunk Head Screw M6*10	26

T3RLJHOOKS EXPLODED VIEW

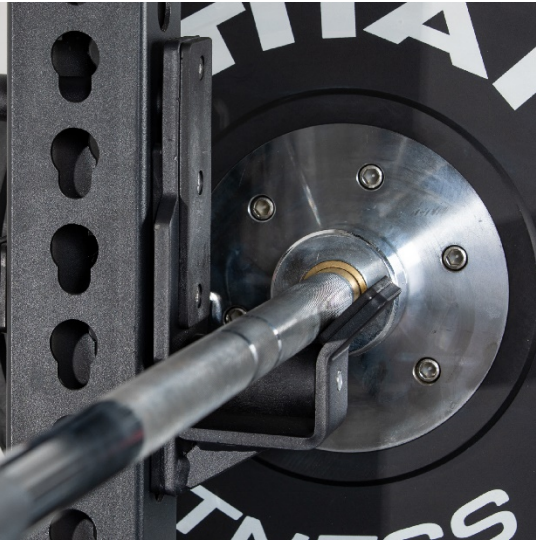


KEY	BOX	DESCRIPTION	QTY	KEY	BOX	DESCRIPTION	QT
(1)	1	Left J-Hook	1	(6)	1	Short Plastic Plate 58*48*5	6
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(3)	1	Lock Pin	2	(8)	1	Front Plastic Plate 48*40*5	2
(4)	1	Roller	2	(9)	1	Hex Bolt M12*90	2
(5)	1	Plastic Plate 48*48*5	2	(10)	1	Countersunk Head Screw M6*10	26

ASSEMBLY INSTRUCTIONS

– No assembly required.





This concludes the RollerJHooks Owner's Manual.

*If applicable to your product, make sure to tighten all
nut-and-bolt combinations before use.*

Enjoy!

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

The use of any fitness equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

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NEED HELP?

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