



## OWNER'S MANUAL

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**MPN(s): WOODBOX, WBOX162024, WBOX202430**

**SKU(s): 412310, 412312, 412314**

**UPC(s): 73706952097, 737069522104**

# TYPES OF WOODEN PLYO BOXES

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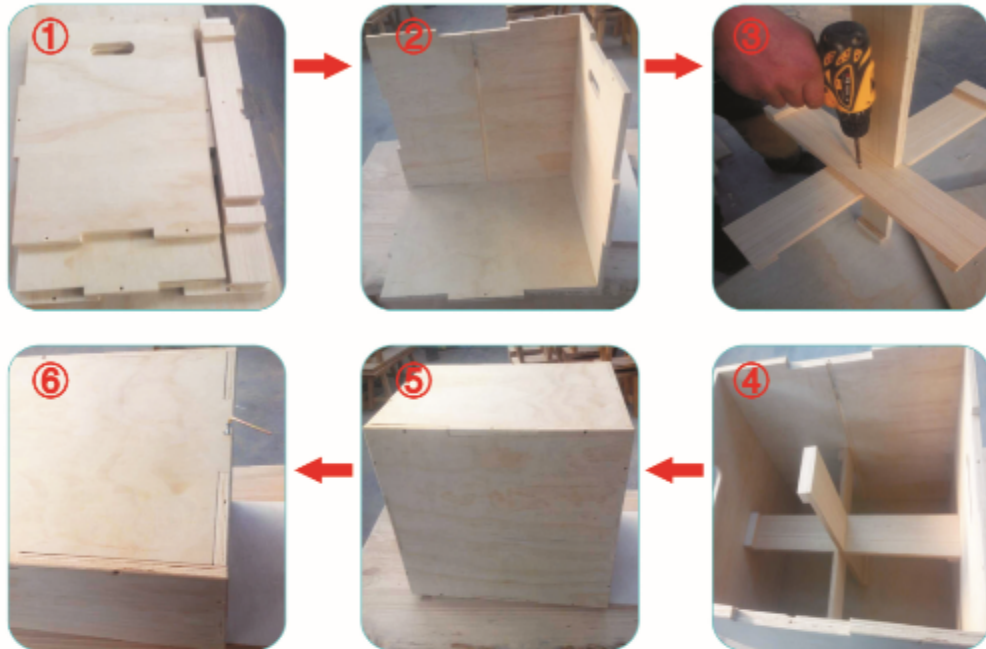
## WOODBBOX



## WBOX162024 & WBOX202430



## WOODEN PLYO BOX-ASSEMBLY DRAWING



The Wooden plyometric box offers three sizes of poyo box for the price of one. Three sided box designed for using in the crossfit gym club. This plyometric box is solid on all 6 sides and is 20" x 24" x 30". This plyometric box is extremely sturdy on each side and the surface of box is sanded completely to avoid any sharp edges. Each box is sprayed with two coats of poly to protect the exterior wood.

### NOTES:

1. Pocket screws and fasteners.
2. Ships unassembled. so that it is small packaging cubic and can reduce your shipping cost.
3. Do Not slam and use the plyometric boxes on the rough floor.
4. Hardware can not be assembled and unassembled more than three times, because that will make the screws loose.

If buyers do not use the plyo box in a correct way to cause a series of problems. sellers will not take responsibility for that.

## 3-in-1 plyobox Instructions





*This concludes the WoodBox Owner's Manual.  
If applicable to your product, make sure to tighten all  
nut-and-bolt combinations before use.*

*Enjoy!*

### **DISCLAIMER**

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

The use of any fitness equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

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