

T3, X3 & TITAN SERIES DUMBBELL WEIGHT BAR HOLDERS

DBHLDR_X3TS
401789

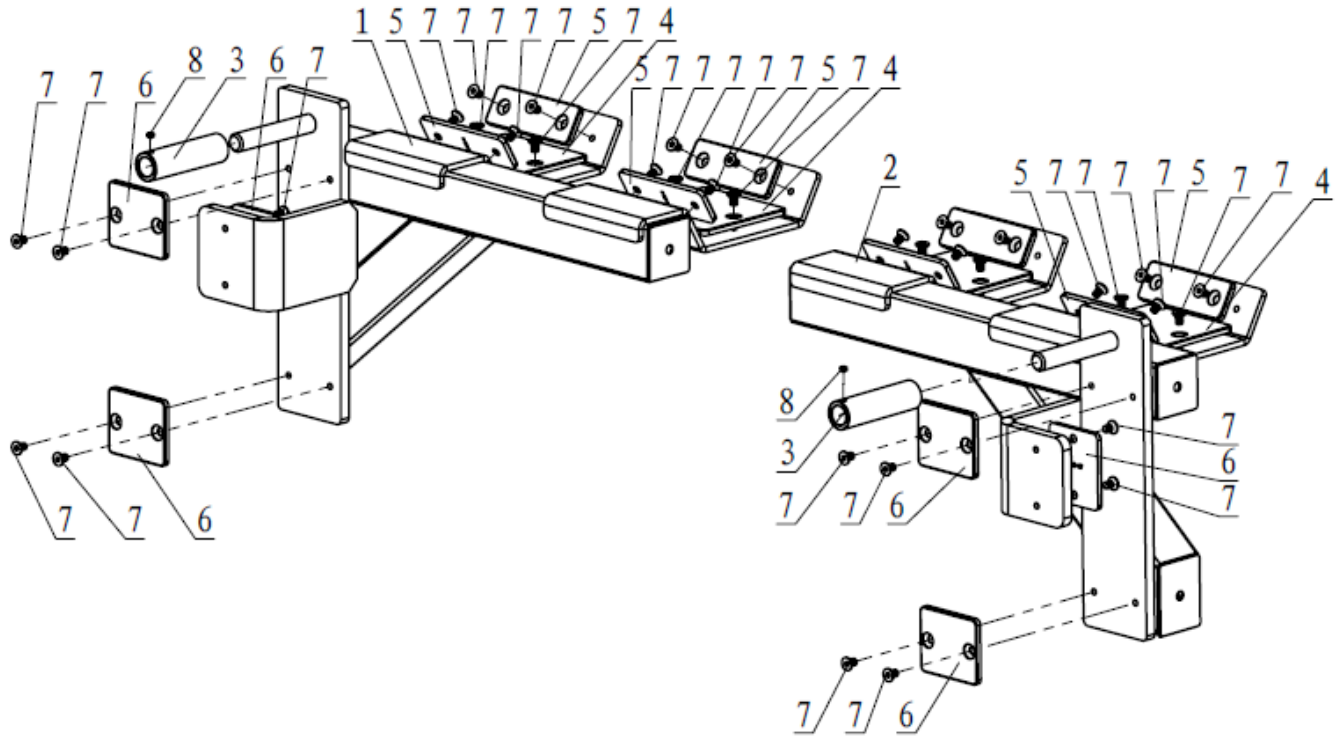


Operator's Manual



Read the Operator's Manual entirely. When you see this symbol, the subsequent instructions and warnings are serious follow without exception. Your life and the lives of others depend on it!

FULL ASSEMBLY/EXPLODED VIEW/ FULL PARTS LIST



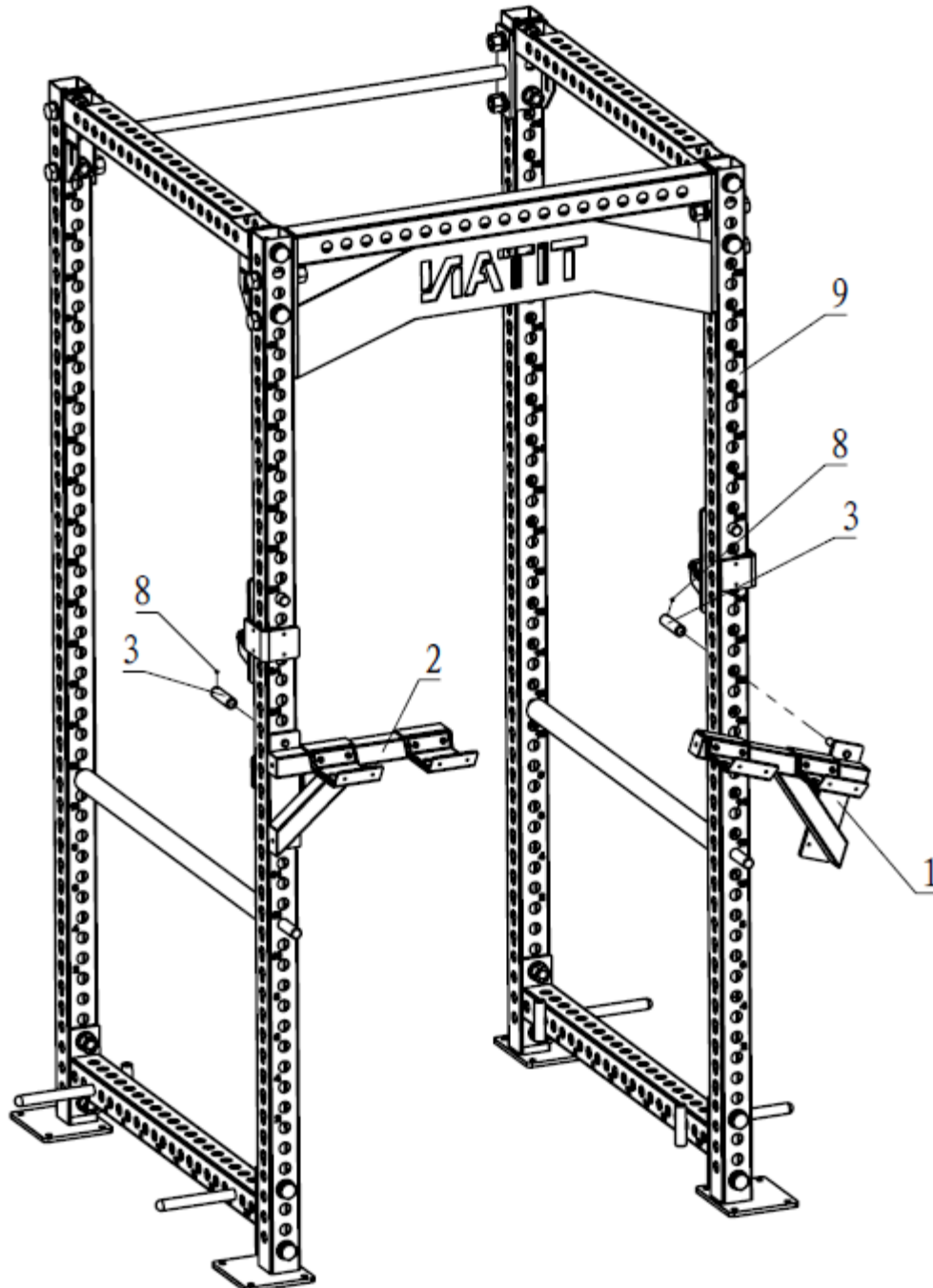
KEY	DESCRIPTION	QTY	KEY	DESCRIPTION	QTY
(1)	LEFT DUMBBELL STAND	1	(5)	PLASTIC PLATE 100*35*5	8
(2)	RIGHT DUMBBELL STAND	1	(6)	PLASTIC PLATE 68*58*5	6
(3)	SPACER BUSH $\Phi 25*\Phi 17*88$	2	(7)	SCREW M6*10	36
(4)	PLASTIC PLATE 100*100*5	4	(8)	SCREW M6*4	2

ASSEMBLY INSTRUCTIONS

STEP 1

Install the Left Dumbbell Stand and Right Dumbbell Stand to the proper position of the T-3, X-3 or TITAN Series Power Rack as required.

Use the Spacer Bush (3) and Screw M6*4 (8) according to the rack you're assembling.



ACKNOWLEDGEMENT OF RISK AND RELEASE OF LIABILITY

The use of any equipment, including this one, involves the potential risk of injury. Apart from any warranty claim that might be presented for a claimed defect in material or workmanship of the product, you accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

This equipment must be used with care by capable and competent individuals under supervision,

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