

# TWISTLOCK™ PRO BARBELL COLLARS

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TWSTALUMAG

401918



## Operator's Manual

Read the Operator's Manual entirely. When you see this symbol, the subsequent instructions and warnings are serious follow without exception. Your life and the lives of others depend on it!

**FULL ASSEMBLY/EXPLODED VIEW/ FULL PARTS LIST**

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KEY	DESCRIPTION	QTY
1	ALUMINUM TWISTLOCK COLLAR	2

## USER INSTRUCTIONS

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1. Confirm TwistLock collar silicone clamp ring is in the open position. There should be visible gap about 0.125" wide. If visible gap, jump to #3.
  - a. Note: TwistLock Collars are shipped in the open position from our manufacturing facilities.



2. If no visible gap, insert fingers from back (magnet) side of the collar and turn the silicone clamp ring about a quarter turn counter-clockwise exposing the gap.
3. Slide the TwistLock collar onto the sleeve of the barbell and slide till snug against the weight plate.
4. Grip the knurled sides and turn clockwise until the collar is securely clamped onto the bar- about a quarter turn.
5. To remove the collar, grip the knurled body and turn counterclockwise about a quarter turn and slide off the barbell sleeve.

## MAINTENANCE

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Over time the collar may pick up oils and grease from the gym environment. For best results the Silicone Clamp Ring should be degreased periodically as needed by applying the degreaser to a clean lint free cloth and gently wiping the surface of the Silicone Clamp Ring.

Suitable household degreasers include: Simple Green, Zep, 409, Fantastik, and many other degreaser sprays.

## ACKNOWLEDGEMENT OF RISK AND RELEASE OF LIABILITY

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The use of any equipment, including this one, involves the potential risk of injury. Apart from any warranty claim that might be presented for a claimed defect in material or workmanship of the product, you accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

This equipment must be used with care by capable and competent individuals under supervision,

## WARNING

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Heavy object. Use lifting aids and proper lifting techniques when moving.



Choking hazard. Small parts – Please exercise caution if small children or pets are present.



Sharp objects may be involved. Use precaution and protection.

## TITAN LIMITED WARRANTY: TERMS, EXCLUSIONS AND LIMITATIONS OF REMEDIES

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This product comes with a one (1) year limited warranty that can be found at [www.titan.fitness/warranty.html](http://www.titan.fitness/warranty.html) Please review the same for all details regarding the Titan Limited Warranty.

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